



Symatree Farm

DECEMBER 2020

Our Hoofbeats Enriching Your Heartbeat



THIS ISSUE...

brought to you by Kiwi, a very curious miniature horse whose name is a perfect fit... brown and fuzzy on the outside and sweet on the inside.

If there's going to be any pony that will bring us an issue, it would be Kiwi!

~ Betty

OUR NEW LOOK

Over the past 11 years, we've been privileged to mentor countless youth and adults, and felt the time had come for Symatree's look to reflect the evolution of our impact.

Our new logo is full of significance and we'll be sharing its nuances and symbolism in monthly snippets.

This month, the obvious... We work alongside the most outstanding and generous horses, ponies, and minis. There was no question they'd be a key element. We love how the different manes reflect the diversity in our herd!

"A DAY IN MYLIFE"

by Reese, a busy pup with many jobs.



Every day I must

- count my people by touching each one with my wet nose
- bark at walking backpack-man
- keep fox away from house
- keep stray cat out of garage

- dislodge garbage can lids
- show every visitor rope duck
- run - bark - help when ponies trot

Yup, my life is good!

PIXA

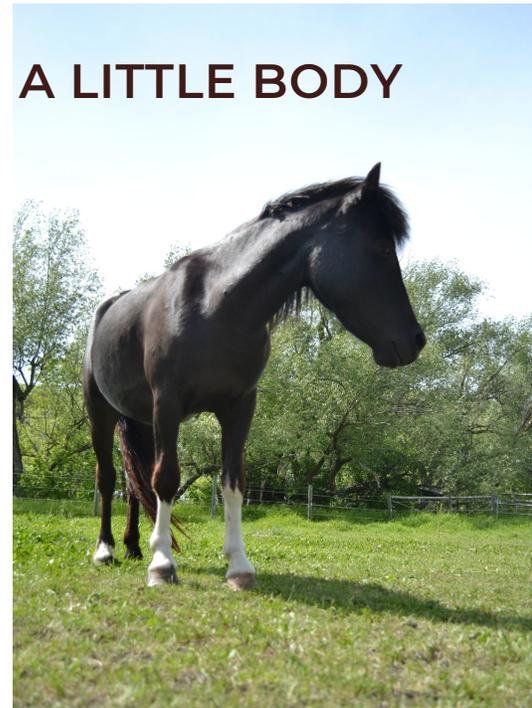
BIG FORGIVENESS IN A LITTLE BODY

We don't know if the halter had ever been off her face as the seller settled onto Pixa's back, eager to show us how "broke" this 2 year old pony was. With a nudge from her legs, Pixa obediently moved forward and, when asked with a tug on the side of her halter, Pixa obediently turned in that direction... obediently, but not happily. With that style of handling, a resentful pony was born.

Bringing her home, we knew job #1 would be to earn her trust and respect. Over the months and years, Pixa showed an on-again, off-again willingness to trust-ish us, and consequently, we trusted-ish her... sensing she was smart and special, while knowing that the reactivity remained just beneath the surface.

About a month ago, with some pandemic time on our hands and Pixa in a trust-ish-ie place, we wondered about putting the harness on her.

As we gathered all the strappy bits, she watched us with intelligent curiosity, we watched her with anticipation, and she accepted the saddle, breeching, and crupper. Honoring her trust, we did a little familiar ground work before taking everything off.



A few days later she accepted the reins, breast collar and traces, and this past week she began pulling tires around the arena.

This pony's soul is healing and we can't help but be inspired by Pixa's courage. Her forgiving heart is a gift that keeps on giving and we're honored to be witness to her continued thriving!

CONNECT - HEAL - GROW - THRIVE



WHAT WE'RE WORKING ON...

In tandem with our new logo, Symatree's next chapter is being marked by a shiny new website. Loaded with the ever-popular bios and adorable pictures of all your four-legged farm friends, we've created a little something extra to give you a taste of Symatree from the comfort of your own home. We're excited to share our new site with you in early January!

The pending launch of our new website also seemed a fitting time to announce the expansion of our U-Series of programs. Whether you are 8 or 108, we are dedicated to providing an engaging and insightful experience, tailored just for you. Augmented with nature connection and mindful movement, your wellness on all levels is at the heart of why we exist.

Our extraordinary U-series has been borne from the passion and creativity of our genius curriculum team and we can confidently say that these programs are powerful and unique within the equine assisted learning world. Based on both established and emerging theories of personal development and empowerment, we've been digging deep to create experiences that will help you play your way to your potential!



WORD FROM THE HERD

Once upon a time there was a young and enthusiastic participant who was having the best time running with the beautiful Tali. With kind "Pleases" and sincere "Thank yous", Tali and her young charge were in sync and having a grand time. As the minutes passed, the young handler started forgetting the Thank yous in favour of demanding *more* and *faster*. Tali noticed the change in manners and protested by simply stopping her feet. No amount of tugging, pleading, or sulking would budge her... Tali stood her ground.

A few questions from a wise mentor sparked sudden inspiration, and awareness dawned! The insightful youngster pieced together the mystery of the standing horse, gave Tali a BIG thank you, and Tali and her newly aware young handler trotted happily ever after!

Word from the Herd... Thank You goes a LONG way to inspiring cooperation and ensuring that everyone walks away having had a great time! Thank you for the reminder young handler!

PROJECTS

Wow! Give us some free time and we'll come up with an unexpected and COOL idea!

By the time you're reading this, our 40' geodesic dome will have completed its voyage across the Atlantic Ocean and should be trucking its way to Symatree Farm!

Just imagine... 16,755 cubic feet of beautiful, curved space for you to enjoy inspiring speakers, relaxing yoga, healing music, and healthy discussions. But first, 1000s of nuts and bolts, weeks of landscaping, and Code Red in our rearview mirror!

NATURE SPEAKS

During a recent nature tracking activity, one of our young Connect U participants became enthralled with animal tracks in the snow. When she identified the animal that made them, her excitement burst out!

I've seen those in my backyard!!!

Nature leaves its mark and its art for us every day.

We wonder how special each moment could be if we started to see the magic in the "ordinary"?

BE MOVED

Follow this link to see our Symatree Movement expert's

[Favorite Winter Activity](#)

Clicking this link will take you to our Facebook page

During **Code Red**, we are limited to offering essential services so our obstacle course is currently closed.

BUT you can easily create a fun course in your own backyard, so grab those extra car tires, leaky garbage cans, old appliances... and get creative!

Record a video of you Being Moved and post it to our Facebook page!

Play Well - Be Safe